

# Christ Church CE VA Primary School

Headteacher: Emma Bray

Deputy Headteacher: Rachael Clarke

Senior Teachers: Aaron Rogers & Emily Walker



17<sup>th</sup> December 2020

Dear Families,

## Reporting positive cases of COVID-19 to school during the Christmas holidays

Schools have been asked by the Department of Education to remain part of the Test and Trace process for pupils who test positive for COVID-19 during the school holidays. As such, families, children and staff will need to know the following:

- If your child tests positive for coronavirus (COVID-19), having developed symptoms on Monday 21<sup>st</sup> December, or afterwards, the **school should not be contacted**. Parents and carers should follow contact tracing instructions provided by NHS Test and Trace.
- If your child tests positive for coronavirus (COVID-19), and developed symptoms on Saturday 19<sup>th</sup> or Sunday 20<sup>th</sup>, (within 48 hours of being in school), **please contact the school as advised below**.

## How to report a positive case of COVID-19 during the school holidays

A **new school email address** has been activated for parents and families to use:

**covid@christchurchprimaryschool.org**

If your child tests positive for COVID-19 (and developed symptoms on Saturday 19 or Sunday 20 December), we ask that you **complete the attached form** (sent on **SchoolPing/email**) and email it to Mrs Bray using the new COVID email address. A risk assessment will be completed by school leaders who will then inform families if their child is identified as a contact, (within 2 metres of a positive case for more than 15 minutes).

Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

## What to do if your child develops symptoms of COVID 19

If your child develops symptoms of COVID-19, they should remain at home for **10 days** from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.

All other household members who remain well, must stay at home and not leave the house for 10 days. This includes anyone in your 'Support Bubble'.

Further information is available at: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance/stay-at-home-guidance-for-households-with-possible-coronavirus-covid-19-infection>



The 10-day period starts from the day when the first person in the house became ill.

Household members should not go to work, school or public areas and exercise should be taken within the home.

If you require help with buying groceries, other shopping or picking up medication, or walking a dog, you should ask friends or family. Alternatively, you can order your shopping online and medication by phone or online.

Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community

If you are able, move any vulnerable individuals (such as the elderly and those with underlying health conditions) out of your home, to stay with friends or family for the duration of the home isolation period.

### **Symptoms**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

**For most people, coronavirus (COVID-19) will be a mild illness.**

If your child does develop symptoms, you can seek advice from the nhs.uk website at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/>. If you are concerned about your child's symptoms, or they are worsening you can seek advice from NHS 111 at <https://111.nhs.uk/> or by phoning 111.

### **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

### **Further Information**

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

We thank you for your understanding, support and partnership at this time. Take care and stay safe.

With my very best wishes,

Emma Bray  
Headteacher